

### Supplies

1. New dressing
2. Skin care supplies



Perform hand hygiene.



Remove new dressing from packaging and set aside on a clean surface.



Secure neck flange while slowly removing the old dressing, one side at a time.



Inspect skin and stoma for signs of infection, irritation, and skin breakdown.



Perform skin and stoma care. Wipe skin around stoma and under the neck flange using gauze and sterile water. Allow skin to dry.



Place new dressing between the neck flange and skin with the slit on the dressing facing toward your chin. Discard the old dressing.

Ensure the dressing has been pulled up far enough so that the hole in the dressing sits well around the tube.

If there is skin irritation, consult your clinician and consider using barrier cream/film. Allow to dry.



### Tip #1

The dressing should be changed at least every 24 hours, or sooner if needed, such as when soiled due to secretions or after a cleaning procedure.

### Tip #2

Inspect the condition of the skin under the dressing during changes for signs of infection, irritation, and skin breakdown. Report any findings to your healthcare provider who can discuss which dressing options are best suited for your skin care needs.

### Tip #3

In certain situations such as excess secretions or skin irritation, it may be helpful to apply a film forming barrier such as Provox Skin Barrier which provides a protective layer between the skin and dressing. Apply Provox Skin Barrier after cleaning the skin and before applying new dressing.

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